



Lammily Dolls

Just For Fun Rating (0-5): Age Range: 3+ years

Diversity Themes: Race/Ethnicity; Gender; Body Diversity

Potential Questions/Comments/Activities:

1. Take a Lammily Doll and another doll that your child has and compare the two
 - a. How are they the same? How are they different?
 - b. Which one looks more like a real body?
2. Explore your child's perception of beauty and what is considered ideal. Do they feel that the Lammily doll is less desirable because of the body size and shape?
3. Talk about the accomplishments of women and men that you and your child admire.
 - a. Do these accomplishments have anything to do with looks? If so, what else do you need to be successful? If not, what do these accomplishments entail?

4. _____

5. _____

Continuing the Conversation

Think about the way that you talk about body size and shape to and around your child. Do you talk about your own body? If so, what do you say? Do you comment on other women's bodies? What about men? Do you talk more about their accomplishments? Explore why women have been judged by their bodies instead of their minds for centuries. Explore how this is now happening with men and discuss what can be done to change this.

